

2024 - 2025 STARSKATE **APRIL 28 - JUNE 21**

Rink Legend
IC1 = Iceland Rink 1 (705 Matheson Blvd. East Mississauga) IC2 = Iceland Rink 2 (705 Matheson Blvd. East Mississauga) IC3 = Iceland Rink 3 (705 Matheson Blvd. East Mississauga IC4 = Iceland Rink 4 (705 Matheson Blvd. East Mississauga)

Groups	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PreJunior/Junior			IC4: (fully coached) Fitness 5:40pm-6:40pm On Ice 6:50pm-7:50pm		IC4: (fully coached) Fitness 5:40pm-6:40pm On Ice 6:50pm-7:50pm	IC2: (fully coached) On Ice 6:00pm-7:00pm	IC1: (fully coached) On Ice 11:35am-12:35pm
Intermediate		IC3: (fully coached) On Ice 5:15pm-6:25pm	IC4: Fitness 7:00pm-8:00pm	IC1: (fully coached) Fitness 6:00pm-7:00pm On Ice 7:25pm-8:35pm	IC4: Fitness 7:00pm-8:00pm	IC2: (20min class) Off IceWarm Up 6:20pm-6:50pm On Ice 7:00pm-8:20pm	IC1: (20min class) On Ice 8:15am-9:35am
Senior		IC3: (10min class) Fitness 6:00pm-7:00pm On Ice 7:25pm-8:35pm	IC4: Fitness 7:00pm-8:00pm	IC1: (10min class) On Ice 5:15pm-6:25pm	IC4: Fitness 7:00pm-8:00pm	IC2: (20min class) Off Ice Warm Up 6:20pm-6:50pm On ice 7:00pm-8:20pm	IC1: (20min class) On Ice 8:15am-9:35am

This schedule is subject to change due to holidays and rink facility exception days. It is the responsibility of members to read email notifications and check the monthly calendars posted to the website for time and location changes.